

# Clinton



# Events

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Volume 13 • Quarter 4 • 2014






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## First Selectman's Corner

I hope everyone had a great Fall, we dodged the bullet as far as tropical storms and hurricanes go. Let's hope winter gives us just enough snow to enjoy but not as much as last year. It's been extremely busy around Town, the New Morgan is progressing at a rapid pace. The current schedule has us erecting steel the first week of January and having the building closed in by August, right on schedule.

We had a referendum on December 17th to hopefully approve a \$6.4 million package which includes; 4.2 for roads, bridges, sidewalks and drainage, 1.6 million for facility upgrade at the Ethel Peters Complex to include an artificial field and upgrade to concessions and bathroom, and \$650,000 for replacement of the fire departments Self Contained Breathing Apparatus



William Fritz, Jr.  
First Selectman

or SBA. I hope everyone showed up to vote as we continue to invest in the Town of Clinton and improve it for our residents.

I'm so happy to be a part of the Clinton Police Department's 75th Anniversary Committee. A great group of volunteers spearheaded by Bob Appleby and Jane Scully Welch, working with JoAnn Dolan, Edwina Stevens, Dale Moore, Wendy McDermott and Deputy Chief John Carbone.

A tremendous celebration of the department was held at Town Hall on November 22nd and attended by 250 people. Thanks to our Police and all you do. In closing I want to wish you all a safe and happy holiday season. See you around town.

Willie



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# The Board of Finance



The Board of Finance is gearing up to start organizing the budgets for fiscal year 2015/2016, and we are seeking public participation. It is important to be informed about the budgets sent to referendum and vote. Clinton's spending budgets have a direct effect on our taxes, which in turn affect the level of services provided by the town and the Board of Education. Ultimately, the Town of Clinton has obligations it must meet relative to our school district, public safety, debt service and infrastructure, to name a few areas.

The Town of Clinton cannot ignore these obligations. Together we must address issues with our school district funding, our aging infrastructure and the fiscal management of the rest of the town's various departments and commissions. We continue to defer capital improvement budgets, i.e., kicking the proverbial can down the road. A modest 3-6% of the town's overall operating budget should be earmarked for capital investments and improvements. It has been a long time since the town fully funded its ten-year capital improvement plan. The town's short term operating costs could, in theory, be reduced if Clinton could conform to a responsible, long-term capital investment plan put forth by

the Capital Expenditures Committee. Any strategy should include serious and thoughtful economic development. We must strive to diversify the tax base and relieve overburdened residential taxpayers.

In any event, one way to ensure that you are informed about the budgets is to attend public meetings to provide comments, ask questions and air your concerns. To this end, there will be multiple budget workshops in advance of the final budget public hearing. These workshops are held on Tuesday and Thursday nights during the month of February. The most attended public hearings in recent years have been the meetings to address further budget cuts after referendum votes rejected spending plans. This is backwards in my humble opinion. If you want to weigh in on the budget requests then you should plan to attend the budget workshops where you will have an opportunity to address department heads and school administrators directly about your personal concerns about the proposed budgets.

As always, I urge you to get involved and participate at town meetings.

*Bradford J. Sullivan, Esq.  
Board of Finance, Chair*

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## The Difference is...

### What is the difference between the Clinton Land Conservation Trust and the Clinton Conservation Commission?

This is a question that I recently realized needs to be answered. As a member of the Clinton Conservation Commission, I have had this question presented to me. It took me by surprise, because I thought people would know the difference, especially those in Town Hall. But, why should I think that? After all it's a good question. If I wasn't involved on the Conservation Commission, I might ask the same thing. I mean, this is MY focus in the town. Others have their own concerns and it's up to every commission to communicate with each other and the community.

So, the difference between the two organizations is this: The Clinton Land Conservation Trust (CLCT) is a private, non-profit organization that works to preserve land, steward land and educate the community. The CLCT is not a municipal entity. It is funded by donations. The Land Trust acquires land by purchase or gift. They organize and fund stewardship programs for their lands and provide education programs, camps and scholarships. The members are not elected or appointed by the town and they are not involved in land use decisions.

The Clinton Conservation Commission is a town advisory

commission comprised of volunteers from our community who meet one evening a month at the Town Hall. The members are appointed and sworn in by the town clerk. Funding is provided through the town budget and must be approved by the Board of Selectmen and Board of Finance. Depending on the amount being requested, the commission's request for funds may have to go to a town vote.

The work of the Conservation Commission includes the protection and conservation of natural and watershed resources by creating an open space network plan for our town's Plan of Conservation and Development that will enhance the town's natural character and support its resources. The Commission also works on creating an inventory of our town's natural resources and existing open space and uses the information to make recommendations to other town boards and commissions in regards to potential impacts of each project and the impact of projects relative to others.

Over the last several years, the Clinton Conservation Commission has been working on a plan to preserve the 40 acre Weiss Well Aquifer in the northwest corner of Clinton as open space. It was a difficult task to convince the authorities and the citizens of Clinton that protecting a major drinking water source was good for the town.

*Continued on page 4*

*"Experience the Difference" at The Saybrook at Haddam.*

## Mom has Blossomed!

"Mom's memory loss meant her way of life was changing, but we did not want her quality of life to change as well. We are so happy – and a little surprised – at how quickly she settled into her new home and routine at Safe Harbor, which is different from other memory care communities. She really has blossomed by making new friends, and even learned new things," says Beryl Thorpe, Doris Whitmore's daughter.

Let your loved one "experience the difference" at the Safe Harbor Memory Care Neighborhood in The Saybrook at Haddam, where people do blossom. With a kind staff, bright studio apartments, cozy social areas, outdoor gardens, and many opportunities for activity and involvement, we take memory care to a wonderful new level.



*Resident Doris Whitmore with daughter Beryl enjoying a cup of tea in the country kitchen.*



A Memory Care Neighborhood  
1556 Saybrook Road, Haddam, CT 06438  
[www.thesaybrookathaddam.com](http://www.thesaybrookathaddam.com)

*Expansion opens January 1, 2015! Call 860-345-3779 for a personal tour.*

*The Difference Is ... continued from page 3*

It was an even more difficult task to convince the Board of Selectmen and the Board of Finance to approve funding for the purchase, even with a grant from the State of Connecticut - Department of Energy and Environmental Protection to cover 40% of the cost of the purchase.

When the Board of Finance denied the request of funds for the purchase of the aquifer to go to town vote, the CLCT stepped in and used their funds to purchase the property. This is truly a gift and greatly appreciated by the conservation commission and members of the community. Because of the importance of aquifer protection, the Connecticut Water Company also stepped in, along with the Town of Clinton,

with funds to help CLCT finalize the purchase.

It can be seen that the goals of both organizations have the same commitment of conserving and protecting land and resources, but each takes a different avenue and has different responsibilities. Both, however, welcome new members. Citizens who share the same goals and concerns for the town and would like to donate or volunteer should contact the Clinton Land Conservation Trust or the selectman's office to volunteer to serve on the Clinton Conservation Commission.

*Catherine Zamecnik, Clinton Conservation Commission*

## WPCC

The Clinton Water Pollution Control Commission (WPCC) is pleased to announce the new WPCC Public Involvement Program.

The Town of Clinton has been working toward a comprehensive solution to wastewater polluting our groundwater and Long Island Sound for over 40 years. This is a complex and multi-faceted issue. There have been numerous challenges and obstacles over the years that have prevented the implementation of a suitable plan. In the 1990s, the Connecticut Department of Energy and Environmental Protection (DEEP) and the Town entered into a consent order mandating that the Town address pollution from private septic systems.

The time has come for the Town and its residents to become involved as the WPCC and its engineering consultant study and prepare to implement a DEEP-approvable solution to our wastewater problems. The WPCC Public Involvement Program has been designed to create meaningful dialog around the issue.

In the first phase of the Public Involvement Program, the WPCC will be hosting public neighborhood-by-neighborhood workshops. Each workshop will focus on the concerns and

possible solutions for a neighborhood. To prepare homeowners for a workshop, the WPCC will mail an invitation to every homeowner in the targeted neighborhood. Each invitation provides details about the pollution problems and solutions both at the town level and neighborhood level. Given this information, people will be able to engage fully upon arrival at the workshop.

In the second phase of the Public Involvement Program, the WPCC will reach out to the rest of the town. This will involve dialog with other town boards and commissions, town-wide mailings, and more public workshops. This is scheduled for late spring or early summer.

Public input is essential to the process. The proposed plan developed by the WPCC and our engineer will identify technical recommendations and appropriate measures for the Town, but many details of execution require public input. The WPCC Public Involvement Program provides the necessary opportunity for homeowners to become involved in the process. Workshops are scheduled to begin in early 2015. Visit the WPCC's website [http://clintonct.org/land\\_use.php#water](http://clintonct.org/land_use.php#water) for more information.

## *Families Helping Families*

We generally think of Christmas time as the time of year for gift giving. At Families Helping Families that is not the case. We are so blessed to receive gifts all year long. People donate food and dollars every month of the year. The generosity of the greater Clinton community knows no limits.

Food donated goes directly to help keep the shelves at The Clinton Food Pantry stocked. Dollars donated help fund our five community out-reach programs. Without the support of the entire Clinton community there would be no Families Helping Families. With thousands of people helping us help Clinton families, it is impossible to say thank-you to each and every one.

We want you all to know there aren't enough words to express our thanks. We take our role as trustee of your donations and remain committed to our mission to help Clinton families in whatever manner we can.

We are planning to have a full calendar of events in 2015. Our goal at these events is to come together as a community, meet and greet old and new friends and at the same time help some of our neighbors in need.

In 2015 our events calendar starts off with The Clinton Lions Club Pancake Breakfast to benefit Families Helping Families on Sunday morning, January 25. The Lions Club breakfast has raised thousands of dollars and thousands of pounds of food over the years.

If you want more information about Families Helping Families and our mission please check our Facebook page or contact us at 860-669-5592.

*Miner T. Vincent, President  
Families Helping Families*

## Volunteers Needed for VITA

Volunteers are needed for the Volunteer Income Tax Assistance (VITA) program to help low- to moderate-income households prepare and file their taxes to ensure they get back the money they have earned.

VITA is a national program of the IRS, and volunteers are trained and certified to ensure that working families and individuals are filing for all of the appropriate tax credits. The program also helps people avoid costly fees associated with tax preparation and rapid refund loans.

The program is looking for volunteers for two VITA sites located in downtown Middletown to provide free tax preparation assistance for eligible taxpayers. Tax preparation assistance is offered January 24–April 11, 2015 at the offices of Middlesex United Way and the North End Action Team.

No prior experience is necessary. Volunteers complete training and are certified by the IRS. Training will be held from January 5-8 or January 12-15, 2015 in the evening. Volunteers must attend consecutive evening sessions. You will be trained to let filers know if they qualify for additional tax credits, such as the federal and the state Earned Income Tax Credits and the Child and Dependent Care Tax Credit. VITA volunteers must complete a minimum of one 4-hour

shift per week during tax season in the late afternoons and evenings or on Saturdays; maintain confidentiality of all client information; and interact with the public in a helpful and supportive manner. Opportunities to become certified as an advanced tax preparer for the VITA program are also available.

In 2014, the two VITA sites in Middletown helped more than 530 Middlesex County area residents file their taxes for free and returned \$767,781 back to taxpayers. Those who filed with Middletown VITA sites had an average Adjusted Gross Income of \$19,676 and received an average refund of \$1,706, money they have earned. This impacts not only those who filed their taxes, but also their families and the local economy.

For more information about volunteering, contact David Morgan at [dmorgan@wesleyan.edu](mailto:dmorgan@wesleyan.edu) or (860) 346-1522.

VITA is a free program offered by the federal government. Local VITA sites are coordinated by the Middlesex VITA Coalition, a partnership of Middlesex United Way and the North End Action Team. The Middlesex VITA Coalition receives support from the Connecticut Association of Human Services.



*"Help me do it myself"*

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# Events

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## Morgan Project Graduation 2015

**JANUARY 30**

Wine with Friends at Chamard Vineyards  
7 p.m. – 9 p.m.

\$30 per person includes wine tasting  
artisan cheese board with fresh fruit,  
crackers, and dessert.

Dinner in the bistro can be purchased  
for an additional cost.

**FEBRUARY 28**

Parent Dance Andrews Memorial  
Town Hall

7 p.m. - 11 p.m. featuring music by  
The Engine Room. Bring your own  
drinks and snacks.

**APRIL 16**

Comedian Hypnotist Jim Spinnato at the  
Morgan School Auditorium 7 p.m.  
Tickets are \$10 at the door.

**APRIL 26**

Morgan School Tag Sale 8 a.m. - 2 p.m.

*These events are to raise money for  
Morgan Project Graduation 2015 - all  
proceeds will go directly to that end.*

*For more information contact  
Patty Esposito at 860-669-0597  
or Deb Beatty at [debibt@att.net](mailto:debibt@att.net).*



## *Unwanted Medication Disposal*

**HAVE UNWANTED MEDICATIONS?  
BRING THEM TO THE BOX!**

A collaboration between the Clinton Police Department and substance abuse prevention coalition Partners in Community brings a lasting, effective prescription drug abuse fighting strategy to town. Since September 1st, a permanent medication drop box has been available in the Clinton Police Department lobby to collect unwanted, unused or expired medications. Resembling a green mailbox, the medication drop box is free to use and provides Clinton residents a safe and anonymous way to get rid of medicines that they no longer want.

Paid for with a grant from the Connecticut State Department of Mental Health and Addiction Services, Clinton's medication drop box is available 24 hours per day, 365 days per year. Residents just come to the lobby with their medication, open the drop box, and place them in. The medications can remain in their original containers, with labels on (or off if desired). All medicines are collected by police officers and are delivered to Covanta Projects in Wallingford, where they are incinerated safely.

Most prescription medications are accepted in the box. We cannot take liquids, inhalers, lotions, needles, hydrogen peroxide, aerosol cans or thermometers.

With prescription drug abuse becoming an epidemic in both Connecticut and the United States, Partners in Community and the Clinton Police thought that this box would provide residents one way to keep medications out of the hands of potential abusers. Research has shown that young people and addicts most frequently acquire pills and syrups from friends and family members. Pills can be stolen from people's medicine cabinets in bathrooms without any suspicion quite easily if medications are not locked away.

Partners in Community has also purchased approximately 150 medication lock boxes through the grant that are free to residents. If you have any questions about the use of the medication drop box or would like a free lock box please contact Kelley Edwards at 860-664-1142.

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# The Clinton Land Conservation Trust needs your help!



The CLCT is a nonprofit organization committed to preserving Clinton's natural resources since 1967. The Trust, with the help of the Town of Clinton, the State of CT and the CT Water Company is in the process of purchasing the Weiss-Loveday property in the northwest corner of Clinton.

**We need to raise the final \$135,000** to complete the purchase of this extraordinary 38 wooded acre parcel in the Hammonasset river watershed.

## **The preservation of this important tract of land will:**

- Protect and provide a buffer for two nearby wells that supply over one million gallons per day of pure drinking water for our community.
- Help preserve the rural nature of Clinton for future generations.
- Enhance the natural habitat for wildlife by linking areas of existing open space already owned and preserved by the Trust and the State of Connecticut.



**PLEASE GIVE \$\$\$ GENEROUSLY:**

**ALL DONATIONS WILL BE APPLIED TO THIS LAND PURCHASE**

**Please mail us your check or donate through our website at [www.clintonlandtrust.org](http://www.clintonlandtrust.org)**

**Thank you for your support**

.....

**I support the purchase by the CLCT of the Weiss-Loveday parcel of land in Clinton, CT**

**Enclosed is my tax deductible contribution of ... \$: \_\_\_\_\_ \*The CLCT is a 501(c)(3)**

**Name: \_\_\_\_\_ Address: \_\_\_\_\_**

**Please mail your check to "Clinton Land Conservation Trust", PO BOX 121, Clinton CT 06413**

**For more information about this valuable property please go to our website at [www.clintonlandtrust.org](http://www.clintonlandtrust.org)**

# The Clinton Parks & Recreation Department

Winter - Spring / 2014 - 2015

## MARTIAL ARTS

Tony Pinto's Martial Arts Academy located at 130 Ft. Path Rd. in Madison. Telephone 203-530-4730. Taekwondo (ages 3-Adult) and Cardio-Kickboxing (ages 10 – Adult) classes are offered. Session 1: December 8 – January 16, Session 2: January 19 – February 27, Session 3: March 2 – April 10, Session 4: April 13 – May 22. Sessions consist of 2 classes/week for 6 weeks for \$65.00 (non-residents \$75.00).

## KIDS' KITCHEN

(Clinton Residents only)

Grades 2 & 3

January 14th, February 11th, March 11th, April 8th, May 13th & June 10th, Location – Joel School, Café, and Time: 3:15 – 4:45 p.m.

Kids' Kitchen is a unique culinary experience which will offer cooking classes to children in a safe environment that will encourage discovery and creativity. Each visit to Kids' Kitchen is a new experience with fresh monthly themes and exciting new programs. Students sharpen their skills employing the mantra, "Mise en Place" which, in the cooking world, translates into "Everything in its place." Children will learn the basics in kitchen

safety, proper food handling, food preparation, cooking techniques, presentation and so much more! Jan. 14th: Homemade Pizza, Feb. 11th: Chocolate Covered Apples, Mar. 11th: Shamrock Pretzels, April 8th: Blueberry Muffins, May 13th: Homemade Fudge, and June 10th: Homemade baked Chicken Nuggets. We will be sending fliers home with a complete description of each class. Fee for each class is \$26.00 per student.

## AMERICAN GIRL CRAFTS

(Ages 5 and older) Class will be held at the P & R Building.

Instructor: Claudia Mathison

More information to follow. Check our website.

## CT COMPUTER EDUCATION SESSIONS

Engineering: Crazy Gears and Wheels: Grades K – 5,

Wednesdays: January 21, 28, Feb 4 & 11

Time: 4 – 5:30 p.m.

If you love building and inventing, our hands on building activities will inspire you! Students will work independently and in groups to create various LEGO engineering components to build a racer, speedster, spinner and various other LEGO projects.

*Continued on page 10*

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*Parks & Recreation ... continued from page 9*

Students will build models and discuss the engineering science behind each model. Students will be challenged to improve on their models and customize their own creations. Please bring a snack to each class. No Legos will be taken home. Fee: \$85.00 (Non-residents \$95.00)

**NEW ROBOTIC BUILDERS**

Grades K - 5

Tuesdays: February 24, March 3, 10, 17, & 24

Time: 4 – 5:30 p.m.

With the LEGO WeDO Robotics System, young students can build and program their own robotic creations. Students will work individually and in groups to create simple machines. Models may include a Rescue Plane, Spinner, an Alligator, Dancing Birds and even a Soccer Pal or two. Please bring a snack to each class. No Legos will be taken home. Fee: \$85.00 (Non-residents \$95.00)

**NEW LEGO – MINECRAFT AND ENGINEERING**

Grades K – 5

Wednesdays: April 15, 22, 29 May 6, & 13,

Time: 4 – 5:30 p.m.

A small scale version using engineering of building blocks and paper crafts. This class isn't Minecraft but we can build and create your own version with Legos and paper crafts. Come challenge you friends using paper crafts and Legos to create

your own secret world. This class includes Micro-figs, torches, mob figures custom blocks and terrains. No Legos will be taken home. Please bring a snack every day to class. Fee is \$85.00 (Non-residents \$95)

**ZUMBA**

Zumba is exercise in disguise! It's a Latin inspired dance fitness class that uses international music and dance rhythms together for the ultimate exercise experience. You do not have to know how to dance to take a Zumba class. We create a non-competitive party atmosphere where participants can interpret the dance rhythms in their own way. Classes are offered on the following days and times:

Mondays from 6 – 7 p.m., Thursdays from 10 – 11 a.m. and Saturdays from 9 – 10 a.m.

All classes are held at the P & R Building located at 201 Killingworth Turnpike, Clinton, CT Fee: \$5.00 per class

**INSTRUCTIONAL YOUTH BASKETBALL**

For boys and girls in Grades 2 & 3

Children will learn offense and defense skills, practice shooting and play mini scrimmages. The children will meet on Saturdays beginning December 6 at the Joel School gym. The fee is \$35, which includes a T-shirt. A \$10 late fee (per family) will be added if registration & payment wasn't received by Nov.14.

**FIRST GRADE YOUTH BASKETBALL**

For boys and girls in 1st grade. Children will learn the fundamentals of basketball. They will meet on Saturday afternoon beginning January 3 at Joel School gym. The fee is \$20, which includes a T-shirt.

**ADULT CO-ED VOLLEYBALL**

(Adults Only) Open gym!

Monday evenings from 7:30-9:30 pm at the following locations.

December: Eliot Gym

January: Eliot Gym

February: Eliot Gym

March: Morgan Gym A

April: Morgan Gym A

May: Eliot Gym

**MEN'S BASKETBALL**

(Adults only) Its open gym! Stop in for a quick pick-up game of basketball. The games will be played from 7:30-9:30 pm.

The following schedule shows all the details:

January: Thursday evenings at the Eliot Gym.

February: Thursday evenings at the Eliot Gym.

March: Tuesday and Thursday evenings at Morgan, Gym A.

April: Tuesday and Thursday evenings at Morgan, Gym A.

May: Tuesday and Thursday evenings at Morgan, Gym A.

**GIRL'S SOFTBALL PROGRAM**

For girls in Grades 1-3

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Dates: TBD. Location: P & R Building, 201 Killingworth Tpke, Clinton, CT. Fee: TBD.

**DEP SAFE BOATING CLASSES**

Adults and children over 10

This class is a 10 hour course that meets on Monday and Wednesday evenings from 7:00-9:30 pm for two weeks. The last class will give a final exam. A passing grade will enable you to apply for your Safe Boating certificate.

The Morgan School (room TBA), located at 27 Killingworth Turnpike (route 81), Clinton, CT 06413.

The minimum class size is 20 and the maximum size is 30. There will be two sessions available: Session I: TBD, Session II: TBD. The fee is \$15 per person. (\$25 Non-residents)

All registrations are handled through the P & R Office. If you have any questions, please give us a call at 860-669-6901 or go to our website at [www.clintonparkrec.com](http://www.clintonparkrec.com). All Non-residents pay an extra \$10.00 registration fee for our programs, if we have room. A downloadable registration form is now available for your convenience.

*Lois A. Ruggiero, Assistant to P & R Director.*

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## *Estuary Council Regional Senior Center*

The Estuary Council of Seniors, Inc. has been Serving Seniors in the nine-town Estuary region for 40 years! Call us to receive our Gazette Newsletter or go to [www.ecsenior.org](http://www.ecsenior.org) for our online newsletter, events calendar, menu, and more!

### MEALS ON WHEELS

Hot meals for homebound seniors, delivered to your home. A donation of \$3.00 is requested for those aged 60+. Meals are supported by Senior Resources Agency on Aging with Title III funds available under the Older Americans Act. Call Carol at 860-388-1611.

### CAFÉ MEAL SITES

Clinton, Old Lyme, Old Saybrook; reservations required by calling 860-388-1611 by 11 am, 24 hours in advance. Lunch is served at Noon. Meals are served to those with reservations first; if meals remain those without a reservation are then served.

### STAN GREIMANN ESTUARY MEDICAL OUTPATIENT TRANSPORTATION (EMOTS)

For medical appointments to any medical location beyond the nine-town estuary region. Call Judy at 860-388-1611. Suggested donation of \$35 for a roundtrip Doctor appointment up to 5 hours. Suggested donation of \$70 for appointments over 5 hours.

### BENEFITS COUNSELING

We have a C.H.O.I.C.E.S. Counselor onsite Monday and Friday mornings by appointment. Call 860-388-1611. C.H.O.I.C.E.S. is an acronym for: Connecticut's programs for Health insurance assistance, Outreach, Information and referral, Counseling, and Eligibility Screening.

### CLASSES AND ACTIVITIES

Zumba Gold, Tai Chi, Scrabble & Board Games, Billiards, Ping Pong, Yoga, Stretch and Strength Exercise Classes, Mah Jongg, Wii, Cribbage, Writer's Group, Book Club, Quilter's Group, Needlecrafters, Hand and Foot. Instructional classes for Mah Jongg and Bridge.

### ESTUARY THRIFT SHOP

Open 10 am - 3:45 pm, Monday - Friday; and from 9 am - 12:45 pm on Saturdays. Clothes (men, women, and children), kitchen items, crafts, and more available! Donations are accepted and volunteers always needed!

*Continued on next page*



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**THE MARSHVIEW GALLERY AT THE ESTUARY**  
 Open daily 8 am – 4 pm, and Saturdays from 9 am – 1 pm. The art on exhibit changes monthly and highlights the talents of local artists. Artist Reception on the second Thursday of each month from 5 - 7 p.m. Refreshments and door prize. All ages welcome. Call 860-388-1611 for information.

**DONATE YOUR CAR OR BOAT**  
 Donate it to the Estuary Council! Turn your car or boat into a tax deduction by calling: 1-800-716-5868. Proceeds benefit the vital services we provide for seniors in the nine-town Estuary Region.

**VOLUNTEER Opportunities:** Call Judy at 860-388-1611.

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# Medication Safety in Children

Curiosity kills more than the cat... did you know that medications are the top cause of poisoning in kids? Together, we can help change that. Here are a few answers to some questions parents commonly ask about medication safety for kids.

### 1. Where should I store medications?

People may call it the "medicine cabinet," but it's not a good place to store medications. Bathrooms are moist and can lower the strength of a medication. Plus, they're a little too easy for little hands to get into. Instead, keep drugs, eye drops, and vitamins out of sight and out of reach of children. Try a high place, such as a hall closet or kitchen shelf. Don't forget that a curious child may easily find medicine in a purse or dresser drawer.

### 2. How should I measure medicine?

With young children, it's especially important to get the dosing right. Always use the dosing device that comes with the medicine. Measuring spoons or other home utensils aren't the same as a medication syringe or cup. If you use a syringe, try squirting the medicine on the inside of the cheek where there are fewer taste buds. If your child takes the wrong dosage, call your pharmacist or Poison Control for assistance.

### 3. Does a spoonful of sugar help the medicine go down?

Some medicines can taste pretty nasty to a child! It may be okay to mix a liquid medication with chocolate or maple syrup. However, don't do this for babies. If they don't finish a bottle, they won't get the right amount of medication. And check with your pharmacist before crushing and mixing a tablet or capsule with food.

### 4. Is it okay to share prescription medications?

No matter how similar their symptoms, don't have your kids share medications. And never repackage them. Keep medications in their original childproof container.

### 5. How long can my child use a medication?

Be sure to not use drugs past their expiration date. Most drugs lose their strength after about a year. If you have any question about whether or not to use a drug, talk with your child's doctor.

### 6. Are OTC drugs safe for kids?

Be sure to read labels. Not all over-the-counter (OTC) medications are safe for children of all ages. Of course, never give aspirin to any child - it can cause serious illness, even death. Make sure you know a drug's potential side effects. But stay alert to any adverse reactions. Kids can be more sensitive to drugs than adults. For example, cold medications

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can cause excitability or severe drowsiness in kids, even at lower doses. The FDA recommends that you not use OTC cough and cold medications in children younger than age two. Rest, clear fluids, and a humidifier may be the best route to recovery from colds and flu.

*Keith Lyke, Registered Pharmacist  
Killingworth Family Pharmacy*

## MILE

More than 320 members of mile (Middlesex Institute for Lifelong Education) completed another varied program of classes with everything from Bluegrass to Opera, from Women in History to Gardening for hummingbird attraction.

The spring semester will start with orientation on February 12th. Classes are held at the Middlesex Community College classes and are open to everyone 50 and older.

The spring session will include everything from a visit with Ben Franklin, "Did the exodus from Egypt really happen?", baseball, opera and space exploration.

The total cost is \$60. More information can be found at [www.mileonline.org](http://www.mileonline.org) or [mileatchapman@gmail.com](mailto:mileatchapman@gmail.com).

## Henry Carter Hull Library

We love winter here at HCH Library! The best part? We're open on Sundays from January through March from 12:00 - 4:00 pm. Stop in for free hot coffee and tea, and be sure to check our website for all of the events we'll have going on. While you're here, try out our new hoopla digital lending service (free downloadable music, movies, and audiobooks) and Mango Languages, a language learning program with over 60 languages available to learn on the go, free for Clinton residents.


In the Teen Room, students are enjoying a new Apple iMac with all of the latest apps, and a PS4 with games like Knack, FIFA 2015, and Madden NFL 15. Artists are encouraged to contact Teen Librarian Cathleen Cole ([Cathleen@hchlibrary.org](mailto:Cathleen@hchlibrary.org)) if they're interested in having a month-long art show in the teen space - a great way to show off your talent and promote your work.

Programs continue throughout the winter in the Children's Room, with Baby Sign Language at 10:00am every Friday, ABC Amigos Tuesdays at 10:30 am, and Kids in Motion every Monday at 4:00 pm. Miss Kara is always planning special events, so be sure to check [www.hchlibrary.org/childrens](http://www.hchlibrary.org/childrens) for the latest news.

More information on these and all events and programs can always be found at [www.hchlibrary.org](http://www.hchlibrary.org).

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# The Burroughs Bibliophiles

## Dum Dum 2015



"Tarzan", "John Carter" (Warlord of Mars) and members of Edgar Rice Burroughs (ERB) family, along with ERB comic strip writers & artists, authors of ERB related books; and Burroughs Bibliophiles are all coming to Andrews Memorial Town Hall, 54 East Main Street, Clinton, CT - August 20-23, to celebrate Burroughs' genius.

A movie marathon; panel discussions; a Tarzan yell competition (judged by members of ERB's family); a video tribute to the late Denny Miller; an auction of ERB memorabilia; and vendors galore will all be there. And the public is invited - for free. The public may also dine at the banquet, at the Clinton Country Club - for the same fee as the Bibliophiles. There, the guest of honor and banquet speaker will be Tony Award winner & theatrical animal trainer Bill Berloni talking about training animals for performance and the 2015 Outstanding Achievement Award will be given, posthumously, to Denny Miller.

The Burroughs Bibliophiles is a nonprofit 501c(3) literary society which is devoted to the study of - and promotion of interest in - the works, fictional characters and life of Edgar Rice Burroughs. Burroughs is best known for his creation of "Tarzan" and of the heroic Mars adventurer & warlord, "John Carter" - although he produced works in other genres as well. He has been openly acknowledged by Ray Bradbury, George Lucas and James Cameron, among others, as have greatly influenced their work.

Founded in 1960, just ten years after Burroughs' death, the Burroughs Bibliophiles sponsor an annual convention known as a "Dum Dum". The Dum Dum is being organized and hosted by Peggy Adler and Harry Swaun, both of Clinton.

For more information about this Dum Dum in general, or to attend the banquet and/or be a vendor, registration forms and other info is available at [www.ERBzine.com/dumdum](http://www.ERBzine.com/dumdum) and [www.tarzan.com/meets](http://www.tarzan.com/meets).

For more information about Edgar Rice Burroughs and a Bibliophile membership form go to <http://www.burroughsbibliophiles.com/>.

Children under the age of 14 must be accompanied by a responsible adult.

### DUM DUM 2015 SCHEDULE

Thursday, August 20: Noon - 9:00 pm, Vendor & Registration Check-in and Huckster room set-up, (Green Room)  
Tarzan Yell Competition Sign-up (Green Room)  
2:00 pm, Book Barn @ Niantic  
Dinner on your own (see Econ. Dev. Commission Restaurant Guide)  
6:30 pm, Outdoor Concert at Vece Gazebo.(free)  
75 East Main Street (weather permitting)  
7:30 pm, "The Many Faces of Tarzan" (Auditorium)  
8:45 pm, Burroughs Bibliophile Board Meeting

Friday, August 21: Breakfast, on your own

(see EDC Restaurant Guide)

9:00 am - 9:00 pm, Huckster Room open in the Green Room

9:00 am, Registration Check-in

Tarzan Yell Competition Sign-up (Green Room)

9:00 am, "Tarzan Finds a Son" (1939) Johnny Weissmuller \* (Auditorium)

10:30 am, "Tarzan's Magic Fountain" (1949), Lex Barker (Auditorium)

12:00 pm, Lunch on your own (see EDC Restaurant Guide)

1:00 pm, "Tarzan" TV Series (1967), Ron Ely (Auditorium) \*

"The Perils of Charity Jones" [Parts 1 & 2] (guest starring Julie Harris)

3:00 pm, "Tarzan" (1999), Disney Animated Feature (Auditorium) \*

4:30 pm, "Tarzan's Many Genres" ( Books, Comics, Radio, Stage, Screen (live action & animation) and TV) panel discussion to be moderated by Scott Tracy Griffin; panel members to be determined. (Auditorium)

5:15 pm, Mucker Jeopardy (Auditorium)

6:00 pm, Dinner on our own (see EDC Restaurant Guide)

7:30 pm, Video Tribute to Denny Miller

8:30 pm, Chicago Muckers/The National Capital Panthans Joint Meeting

Saturday, August 22:

Breakfast on your own (see EDC Restaurant Guide)

9:00 am - 3:00 pm, Huckster Room open in the Green Room

9:00 am, "John Carter" (2012) (Auditorium)

11:15 am, ERB's influence on modern Sci-Fi: Panel discussion will be moderated by Scott Tracy Griffin; panel members to be determined (Auditorium)

12:00 pm, Lunch on your own (see EDC Restaurant Guide)

1:00 pm, Tarzan Yell Competition (Auditorium)

2:00 pm, "The Search for Sandy" (Auditorium)

3:00 pm - 5:00 pm, Public Auction of ERB Memorabilia (Rose Room)

6:00 pm, Cash Bar & Banquet (Clinton Country Club)

\*\* 2015 Outstanding Achievement Award, posthumously, to Denny Miller

\*\* Guest of Honor: Bill Berloni, Tony Award Winning Animal Trainer [Stage (i.e. "Annie"), screen & television]: Training Animals to Perform - Then & Now

Sunday, August 23

8:30 am, Farewell Breakfast at the Clinton Town Beach's picnic pavilion, with the food (Dutch Treat) from the beach's Hazy Daze concession.

\* In Partnership with the Henry Carter Hull Library of Clinton, CT

# 2015 DUM DUM

## Convention Registration

Andrews Memorial Town Hall  
Clinton, Connecticut 06413  
August 20-23, 2015

Your Name: \_\_\_\_\_

Name for your Dum Dum ID Badge (if different from above) \_\_\_\_\_

Name on Dum Dum ID Badge for an additional person: \_\_\_\_\_

Street Address \_\_\_\_\_ Apt. \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_ Country \_\_\_\_\_

E-mail address \_\_\_\_\_ Phone Number \_\_\_\_\_

### **DUM DUM Registration:**

Full registration includes a drawstring tote/backpack full of collectibles and goodies AND the banquet and talk with/by our Guest of Honor. The fee is \$75 and must be received by August 19th.

Full registration as described above: \_\_\_\_\_ @ \$75 each. Total \$ \_\_\_\_\_

OR Saturday night banquet only: \_\_\_\_\_ @ \$35 each. Total \$ \_\_\_\_\_

### **Shirt Sizes:**

Full registration attendees who register no later than July 20 will receive a special T-shirt commemorating the event. Therefore, full registrants, select your size:

MEN: Small  ; Medium  ; Large  ; XL  ; XXL

WOMEN: Small  ; Medium  ; Large  ; XXL

**What date do you plan to arrive?** Thursday Aug. 20  ; Friday Aug. 21  , Saturday Aug 22

Do you want to sell Burroughs-related collectibles in the Huckster room? Yes  ; No

If you checked "yes" please include the table fee with your registration check. The fee is \$10 per table for the entire Dum Dum. Table set-up can start on Thursday, August 20<sup>th</sup> at Noon.

Table Fee: \$ \_\_\_\_\_ for \_\_\_\_\_ Tables @ \$10 each.

Print and fill out this form and mail along with your payment to:

Peggy Adler / 5 Liberty Street/ Clinton, CT 06413 USA

Check must be made out to: Peggy Adler - Dum Dum 2015

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